



**“Gheorghe Asachi” Technical University of Iasi, Romania**



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## **CONSIDERATIONS ON THE METHOD FOR SELF ASSESSMENT OF SAFETY AT WORK**

**Costica Bejinariu<sup>1</sup>, Doru Costin Darabont<sup>2</sup>, Elena Raluca Baci<sup>3</sup>, Iulian Ioniță<sup>1</sup>,  
Mihai Adrian Bernevig Sava<sup>1</sup>, Constantin Baci<sup>1\*</sup>**

<sup>1</sup>*“Gheorghe Asachi” Technical University of Iasi, 67 Dimitrie Mangeron Blvd., Iasi, Romania*

<sup>2</sup>*National Research and Development Institute on Occupational Safety INCDPM “Alexandru Darabont” Bucharest,  
35A Ghencea Blvd., Bucharest, Romania*

<sup>3</sup>*Grigore T. Popa University of Medicine and Pharmacy Iasi, 16 University Street, Iasi, Romania*

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### **Abstract**

Application of the occupational safety self-assessment starts with a document containing dashboard, description of the company (name, location, object activity, organization etc.), description of the work detailing with its components and a brief description of the method of self-evaluation. It continues with a Microsoft Excel document, that is the actual application method and a second document presenting conclusions and prioritizing proposals that may lead to the execution of the protection and prevention.

In this paper we treat the implementation of the Microsoft Excel document as an essential part of the self-assessment of safety. The document is divided into four worksheets showing self-assessment items, standard grid, qualitative self-assessment and quantitative self-assessment.

The qualitative self-assessment provides the “Strengths – Weaknesses” details on each component of the work system; the quantitative self-assessment presents both the ratings of the assessment and the score obtained for the components of the work system - people, equipment, materials, environment – for each workplace/workstation.

*Keywords:* occupational safety and health, qualitative self-assessment, quantitative self-assessment

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\* Author to whom all correspondence should be addressed: e-mail: [constantin\\_baciu@yahoo.com](mailto:constantin_baciu@yahoo.com); Phone: + 40 729969619; Fax: +40 232225986