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ENVIRONMENTAL FACTORS ASSOCIATED WITH DYSPHONIA IN PROFESSIONAL VOICE USERS

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Abstract

Gastro-Esophageal Reflux Disease (GERD) seems to be frequently associated with laryngeal lesions and the occurrence of dysphonia. The aim of the study was to evaluate the environmental factors associated with dysphonia in professional voice users. We prospectively studied 50 intense voice users' subjects (actors, singers, teachers, priests) with dysphonia in order to identify the environmental factors which may be involved in the alteration of voice. We demonstrated the importance of the risk factors (environmental and biologic factors) in the occurrence of dysphonia.

Key words: dysphonia, environmental factors, gastro esophageal reflux, intense voice users

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